

Mahatma Phule College of Education

B.Ed First Year

Title: Certificate Course in Personality Development

Duration: 1 semester (approximately 7 weeks)

Credit Value: 2 credits

Course Description:

The Certificate Course in Personality Development is designed to equip participants with essential skills and knowledge to enhance their personal and professional growth. Through a blend of theoretical insights, practical exercises, and interactive sessions, participants will explore various aspects of personality development, including self-awareness, communication skills, emotional intelligence, and leadership qualities.

Course Objectives:

1. Develop self-awareness and self-confidence.
2. Enhance communication and interpersonal skills.
3. Cultivate emotional intelligence and resilience.
4. Foster leadership qualities and teamwork.
5. Explore techniques for effective time management and goal setting.
6. Understand the importance of personal branding and image management.

Course Structure:

Module 1: Introduction to Personality Development

- Understanding personality and its components
- Self-awareness exercises and assessments
- Setting personal development goals

Module 2: Communication Skills

- Verbal and non-verbal communication
- Active listening techniques
- Assertiveness and conflict resolution

Module 3: Emotional Intelligence

- Recognizing and managing emotions
- Empathy and social skills
- Stress management and resilience

Module 4: Leadership and Teamwork

- Leadership styles and qualities
- Team dynamics and collaboration
- Motivation and delegation

Module 5: Time Management and Goal Setting

- Prioritization techniques
- Setting SMART goals
- Overcoming procrastination

Module 6: Personal Branding and Image Management

- Building a positive personal brand
- Professional etiquette and grooming
- Online reputation management

Module 7: Capstone Project and Assessment

- Application of learned concepts in real-life scenarios
- Presentation of capstone projects
- Final assessment and feedback

Course Delivery:

The course will be delivered through a combination of lectures, group discussions, case studies, role-plays, and practical exercises. Guest speakers from various industries may also be invited to share their insights and experiences.

Assessment:

Assessment will be based on participation in class activities, assignments, quizzes, a final examination..

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DCCP 2022-23 Time Table

Thursday		Saturday	
Date	Subject	Date	Subject
5 January .	Orientation	7 January	Module- 1
12 January.	Module- 1	14 January	Module- 1
19 January	Module- 1	21 January	Module- 1
2 February	Module- 1	28 January	Module- 2
9 February	Module- 2	4 February	Module- 2
16 February	Module- 2	11 February	Module- 2
23 February	Module- 2	25 February	Module- 3
6 April	Module- 4	1 April	Module- 4
13 April	Module- 4	8 April	Module- 5
20 April	Module- 5	15 April	Module- 5
27 April	Module- 5	29 April	Module- 5
4 May	Module- 5	6 May	Module- 6
11 May	Module- 5	13 May	Module- 6
18 May	Module- 6	20 May	Module- 6
25 May	Module- 6	27 May	Module- 7
1 June	Module- 7	3 June	Module- 7
8 June	Module- 7	10 June	Module- 7
15 June	Module- 7	17 June	Exam revision
22 June	Exam	24 June	Exam



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PRINCIPAL

Mahatma Phule College of Education
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